

ABSTRACT

A ball tossing apparatus includes a support frame and a plurality of launch devices fixed to the support frame and arranged in a two-dimensional array. The launch devices include cylinders having a spring fixed therein, with a ball carrier fixed to the spring. The balls are retained in a loaded position (springs compressed) and then upon activation of the launch devices are launched vertically into the air to the sports player. A method for launching the balls includes the steps of loading the balls into a two dimensional array, and then launching the balls according to a launch sequence. An electronic control system for use with the ball tossing apparatus includes a launch module for launching the loaded balls in the plurality of launch devices according to a launch sequence. The launch sequences can be randomly generated, programmed by the sports player, or retrieved from memory. The launch of the balls can also be controlled remotely.